

**Suggested Use:** Adults take 1-4 capsules with each meal and 1-2 capsules with each snack.

<b>Supplement Facts</b>		Serving Size 1 Capsule		Servings Per Container 60	
				<b>Amt. Per Serving %DV*</b>	
<b>Foundational Digestive Enzyme Blend</b>				<b>591mg</b>	<b>+</b>
<b>Protein Digestive Enzymes</b>					
Protease Blend (4.5, 6.0)		80,000 HUT	Bromelain	225,000 FCC PU	
Papain	280,000 FCCPU		Peptidase	2,000 HUT	
Protease 3.0	15 SAPU		Neutral Bacterial Protease	4,000 PC	
<b>Carbohydrate Digestive Enzymes</b>					
Xylanase	575 XU		Amylase	25,000 DU	
alpha-Galactosidase	450 GalU		Cellulase	725 CU	
Pectinase	16 endo-PGU		Fiber Digestive Blend	6mg	+
Invertase	225 SU		(Phytase, Hemicellulase, beta-Glucanase)		
Glucoamylase	50 AGU		Malt diastase (from barley)	275 DP	
<b>Fat Digestive Enzymes</b>					
Lipase	5,000 FIP				
<b>Dairy Digestive Enzymes</b> (Protease, Lactase, Lipase)					
	108mg				
<b>Digestive Botanical Blend</b>					
Ginger root extract, Turmeric root extract			25mg		+
<b>Trace Mineral Blend</b>					
Ionic plant base minerals, Ionic ocean based minerals, Alfalfa			5mg		+
* Percent Daily Values (DV) Based on 2,000 calorie diet					
+ Daily Value not established					

Other ingredients: Cellulose, magnesium stearate (vegetable source).